



Annual *report* 2023

**Saving Lives Humanitarian Crisis Centre
and Do It Together Foundation**



SAVING  LIVES

Rinal Akhmetov

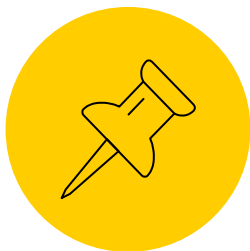
 **METINVEST**

“The Saving Lives humanitarian project emerged at the onset of full-scale war as a response to the needs of the country, regions, and ordinary Ukrainians. Gradually transitioning from meeting basic needs for food and medicine, Metinvest has expanded into other areas of operation. Among them is the psychological rehabilitation of victims. In this way, we aim to assist people in overcoming the dreadful consequences of war, as coping with them alone is incredibly challenging. We must preserve our mental health to have the strength to fight against the enemy and, after victory, rebuild the country.”



“

Tetiana Petruk,
Chief Sustainability Officer, Metinvest Group



OUR ACHIEVEMENTS IN 2023

122,457

people got help

€ 1,261 K

Directed to projects in 2023

€ 1,023 K

Donations received in 2023



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Rinat Akhmetov  **METINVEST**

Our key activities and spending priorities 2023

Humanitarian aid kits

Food and hygiene packages for adults, kids, disabled people, retirees



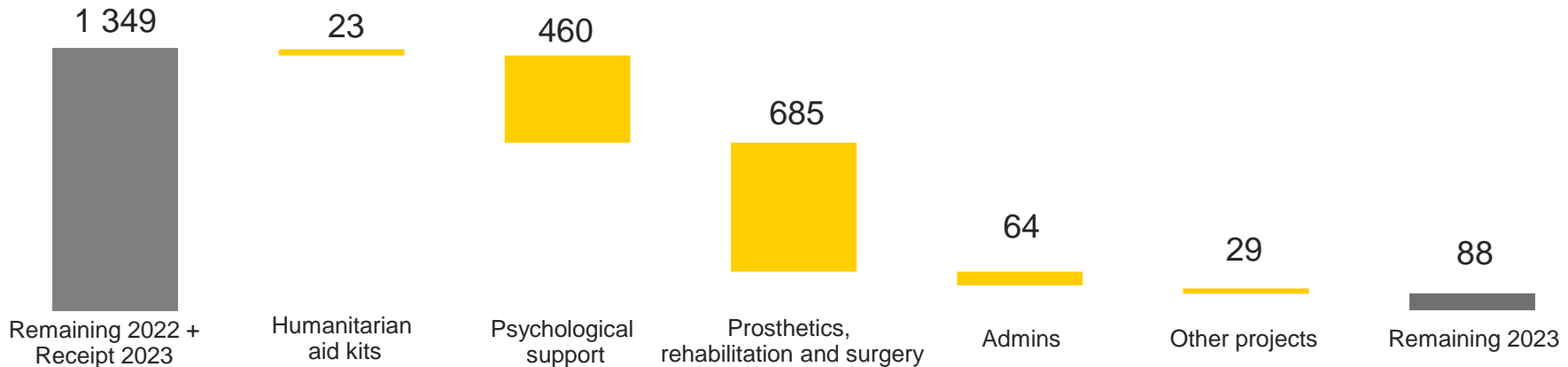
Psychological support

Psychological support and treatment of women, children. Implementation of training programmes



Prosthetics, rehabilitation and surgery

Prosthetics for limbs and accompanying rehab of injured soldiers of the Armed Forces of Ukraine





HUMANITARIAN AID

69,509

people got food kits

71,442

people got essential goods kits



Basic needs

- Since March 2022, Saving Lives has been helping Ukrainians with food kits and basic needs: food kits, hygiene products, and baby food.
- Each package contains eight kilos of food: flour, sugar, pasta, canned goods, sunflower oil.
- A package of baby food contains three boxes of the product

We provide help to the following categories:

We help vulnerable people: Employees and families in the regions affected by hostilities

1 category

- Single mothers, foster parents receiving child benefits
- People with disabilities since childhood and children with disabilities who receive public assistance
- Large families

2 category

- Persons who have reached the retirement age and who are not eligible for a pension
- People with disabilities of groups 1, 2, 3 and families who receive assistance in caring for people with disabilities
- People affected by the Chornobyl accident
- Pensioners and disabled people who are registered with social services
- Low-income families



PSYCHOLOGICAL SUPPORT

1,096

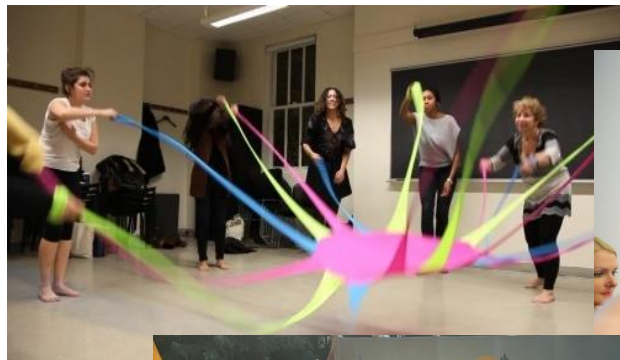
People underwent rehabilitation

532

Including children covered by
psychological support

€460 K

Spent on psychological support



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Psychological support for children

Children suffer more in wars than adults, which is why supporting their psychological and emotional well-being is crucial during this period like never before. We are doing everything to bring back children's smiles and faith in a better future, including:

- **400** children have spent two weeks in a camp in western Ukraine. In addition to psychological rehabilitation and sessions with professional psychologists over two weeks, children had art therapy, trekked in the mountains and along the rivers, took excursions, along with various events and fun activities
- **120** children underwent a programme of psychological rehabilitation based on the Israeli method of Hibuka therapy
- **12** children of Ukrainian refugees attended a sports camp in Genova, Italy





Unbreakable mom

We continued the “**Unbreakable Mom**” - a project of the Masha Foundation, it was designed to stabilise the psychological and emotional state of participants, prevent the development of post-traumatic stress disorder (PTSD), foster adaptation and self-realisation skills, and facilitate the formation of new social connections.



As part of the programme, women and children:

- work with psychologists in groups and individually
- undergo art therapy
- take excursions in the picturesque Carpathians
- attend a physical rehabilitation course



During the programme, mothers worked on using the methods of EMDR, art therapy, mindfulness, psychodrama, body, narrative and cognitive behavioural therapy.

The children were engaged in neurogymnastics, play therapy, also practiced the "Serial Drawing" and "Safe Space" methods, and developed stress resistance.

For both children and for adults, group classes are aimed at acquiring practical skills in the battle against stress. After the completion of the "Unbreakable Mom" programme, all its participants will become real ambassadors of useful knowledge that will help maintain mental health during the war.



Mom's feedback: “I am very grateful to Metinvest, psychologists and everyone involved in the Unbreakable Mom programme. The project is extremely important: you support mothers and save families.”



Mental Health Support Centre

Saving Lives and the United Nations Global Compact in Ukraine have joined forces to establish Rehabilitation and Support Centres for those affected by the war in Ukraine. The first centre was opened on 18 July 2023.

Today in Zaporizhzhia, there is a community centre called Oplich HUB, where internally displaced persons and city residents can receive free and confidential assistance. Here, consultations are offered with psychologists and lawyers, as well as group art therapy for adults and children, yoga classes, open lectures, and workshops. All these services are aimed at helping Ukrainians reduce stress, overcome anxiety, and learn to find light even in the most challenging times.

Since opening day, 2,693 psychological support sessions have been held





PROSTHETICS, REHABILITATION & SURGERY

103

people in the program

34

people received
protheses

30

people received facial
OP's

€685 K

invested in the programme

€10-30 K

Average cost for
prosthesis according to the
programme



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Prosthetics and rehabilitation of veterans and civilians

- The programme continues its work on preparation for prosthetics, installation of prostheses and further observation in Ukrainian clinics, as well as physical and psychological rehabilitation.
- Currently, 73 Ukrainians are being provided with assistance. 34 participants have received prostheses
- The initiative covers Metinvest employees and their family members, military personnel and civilians in the regions where the Group operates.



Participants feedback:

- I don't know what I would do if I had to attain a prosthesis without this programme. The prosthesis is truly comfortable; I liked it..

- Another aspect of the work is the enhancement of qualifications for Ukrainian specialists. Indeed, more than 30 specialists from different regions of Ukraine were trained as part of the international mission to share experience with the participation of the best practitioners from the US and Canada
- Saving Lives has also joined another useful initiative of the Protez Hub to help the injured. This is the Backpacks for Amputees project. As part of the project, Ukrainian volunteers packed 3,000 backpacks containing items for the postoperative care. They allow one to take care of an amputated limb, properly form a residual limb and fight phantom pain. Each kit also contains printed materials and instructions that explain the algorithm of actions to the injured.





Surgery and rehabilitation

Saving Lives and Face the Future Ukraine organised a mission of Canadian and American reconstructive surgeons that took place for the second time. During the mission, global experts, working alongside Ukrainian colleagues, performed over 30 plastic surgeries on individuals who had suffered war injuries. Among the patients were military personnel from various Ukrainian regions. All of them had severe blast injuries to the face and neck, including damage to the eye orbit, severe nasal injuries, and missing jaw fragments.

During the mission, more than 200 surgeons and nearly 300 nurses took part in the training.



"In Ukraine, we encounter the most severe combined cases throughout our entire experience, which is why we plan to continue returning every six months to Ukraine to assist your defenders and train Ukrainian colleagues so that these surgeries become accessible in Ukraine as well." - **Professor Peter Adamson of the University of Toronto Medical School.**



"Some of my comrades were ashamed to even go out and communicate with their families after their facial injuries. It was only after the restoration of facial aesthetics that they were able to overcome this fixation and are gradually returning to a normal life. In addition, facial reconstruction affects other capabilities as well - thanks to these surgeries, the guys began to breathe, hear, eat, and see more comfortably. These surgeries are necessary for both functional and mental comfort of the soldiers who were injured in the war. I hope that after further surgeries, my eyesight will also be restored, at least partially."

Together we are stronger

The implementation of Saving Lives' projects would be impossible without the support of compassionate hearts worldwide.

Together with its partners, Saving Lives has conducted numerous events around the globe, including:

- Report meeting and charity auction – Milano, Italy
- Stand with Ukraine 365 charity evening – New York, USA
- Women for Ukraine charity event – New York, USA
- Charitable concert of classical music – London, UK
- Arena di Verona Opera Festival – Verona, Italy

Through the active engagement in these events and the invaluable support from partners across the globe, a total of €403.8 thousand was successfully raised.

